

# CLINICAL APPROACHES TO CHEMOTHERAPY PATIENTS

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## A. Goals of Treatment

1. Generally Fortify Patient
  - a. Wei Qi Tonification for external assault of chemotherapy
  - b. Stimulate Yuan Qi for cellular toxicity
  - c. Harmonize Rong Qi circulation
2. Focus on Affected Organs  
KI, LR, SP, HT, MH, LU, BL, ST, LI
3. Treat Symptoms
  - a. Fatigue
  - b. Nausea & Vomiting
  - c. Weight Loss
  - d. Diarrhea
  - e. Hair Loss
  - f. Hot Flushes
  - g. Sleep Disturbances
  - h. Depression
  - i. Dizziness
  - j. Pain
  - k. Other

## B. Treatment

1. Wei Qi tonification

- a. Back Shu points of organs involved in Wei Qi production:  
SI, LI, KI, (SP), LR, (LU)
  - b. Ren Mo points that assist distribution of Wei Qi:  
CV 4, 7, 10, 12, 13; CV 17
2. Stimulate Yuan Qi
    - a. Ming Men, Super Ming Men
    - b. Chong Mo, Chong Mo/Yang Ming  $N \rightarrow N + 1$
    - c. Dan Tian
  3. Harmonize Rong Qi Circulation
    - a. Tai Yin/Yang Ming  $N \rightarrow N + 1$
    - b. Other appropriate subcircuit
  4. Treat Affected Organs
    - a. KI, BL—especially with cyclophosphamide (Cytoxan), cisplatin (Platinol), carboplatin (Paraplatin), vincristine (Oncovin), vinblastine (Velvan), paclitaxel (taxol)  
  
Mu/Shu; Ming Men, Super Ming Men,  $N \rightarrow N + 1$
    - b. LR—especially with etoposide (VePeside, Etopophos)  
  
Mu/Shu,  $N \rightarrow N + 1$
    - c. SP—all regimens  
  
Mu/Shu,  $N \rightarrow N + 1$
    - d. HT, MH—especially with doxorubicin (Adriamycin)  
  
Mu/Shu,  $N \rightarrow N + 1$
    - e. LU—especially with bleomycin (Blenoxane)

Mu/Shu, N ---→ N + 1

f. ST, LI—all regimens

Mu/Shu, N ---→ N + 1

5. Symptoms

a. Fatigue

1) Ming Men, Super Ming Men

2) Chong Mo

3) Patient's fundamental axis, subcircuit

b. Nausea & Vomiting

1) MH 6, CV 12, ST 43

2) Ear points

ST, Point Zero, Stress Control, Tranquilizer

3) Tai Yin/Yang Ming

c. Weight Loss

MH 6, ST 36, Tai Yin/Yang Ming

d. Diarrhea

Tai Yin/Yang Ming, SP tonification, CV 8 (Moxa)

e. Hair Loss

KI tonification

f. Hot Flushes

Chong Mo

g. Sleep Disturbance

Appropriate Five-Phase management

h. Depression

HT 5 to HT 7 ---→ ST 41 ++, GV 20 ---→ GV 24.5 ++, External/Internal Dragons

i. Dizziness

GV 20, Si Shen Cong

j. Pain

1) Scar unblocking

2) Soft tissue pain

Large points: LI 4, LR 3, SP 6, ST 36

Circuit: Tai Yin/Yang Ming, Chong Mo/Yang Ming plus focus points

3) Thoracic pain

SP 21 (Great Luo) moves Blood

MH 6 Special command point for thorax, moves Qi and Blood in chest

CV 17 command point for upper heater, Hui point for Qi

4) Bone pain

PENS, osteopuncture